



***June 14, 2011
Public Health
Element Workshop
Summary Notes***
6:00 – 9:00 pm
Community and Senior Center

I. Workshop Objectives and Outcomes:

- Understand the relationship between health and planning.
- Define a vision for a healthy Encinitas.
- Identify the most important health issues and assets in Encinitas.
- Share ideas for improving health in the City.
- Complete the Community Survey.

II. Workshop Summary:

The workshop was divided into two parts: presentations and small group discussions. The first part of the event included welcoming introductions and presentations by City staff and the consultant team. In general, the presentation focused on the planning process, trends in public health, and identifying health-related indicators in Encinitas.

In the second half of the workshop, participants sat in groups of 6 to 10 people. Facilitators led participants through a series of questions on different topics. The list below identifies the topics provided for group discussion. Each group voted on three topics to discuss during the small group exercise, covering various assets, challenges and ideas for improvements.

1. Complete neighborhoods and access to goods and services
2. Jobs, housing and a healthy economy
3. Healthy air and water environments
4. Parks, recreation, and open spaces
5. Community facilities, institutions, and public infrastructure
6. Safe, accessible, and sustainable transportation
7. Supportive social services and environments

Buddy Cards

Each participant was asked to think of issues outside of their own paradigm. In order to better understand the relationship between public health and the built environment and to get workshop participants to think about the larger picture nine different “buddy cards” were provided at each table. Each “buddy” represents a socio-economic perspective that may have different health-related or transportation-related challenges - such as 75 year

old that lives alone, 8 year old with asthma, and nanny who lives with a family in New Encinitas, etc.

Each participant selected a “buddy card” from the table’s bag. As part of the group discussions, participants were asked to speak about his or her own personal health issues and also speak to those of his or her “buddy” who represents someone who may not have been able to make the meeting.

Reporting Back

Each group shared three challenges and the three corresponding ideas or goals that will address those challenges. The following list conveys the broad discussion items identified by workshop participants during the report back session. The full list of group comments will be kept on file with the City of Encinitas Planning and Building Department. Comments will also be posted online at www.encinitas2035.info for the duration of the project.

Issue: Providing access with transportation – bus system is not complete.

Address this with a shuttle service system and promote public transit equality – efficient and affordable systems.

Issue: Access to natural resources.

Address this challenge through our ecosystems. Education is basis for everything. It connects problems to solutions.

Issue: People aren’t able to get around in the City. The railroad tracks are a barrier.

In response to the discussing the existing network for bikes and peds, the solution is to provide better east-west connections and evaluate opportunities to improve I-5 crossings and at-grade/grade-separated pedestrian crossings at the railroad. Provide a website for destination car-pool connections.

Issue: Access to local and healthy foods.

Address access by converting old flower growing sites to organic and edible gardening opportunities.

Issue: Encinitas’ five communities have different priorities on connections based on community character.

Address this with place-based strategies and coordinated street-by-street design solutions.

Issue: Seniors and the youth are not able to get around to recreational facilities.

Address this inequality by creating a network of parks or satellite facilities.

Issue: Facilities need to accommodate changing needs and parks need to reflect compatibility with different park users.

Be flexible in facility design to accommodate the changing needs of park visitors. Monitor demand and changing needs. Additional satellite park facilities can add overall value to the network. Create opportunities for more off-leash dog parks.